

### **ABSTRACT**

A shock adapter for converting a one-way shock absorber into a two-way shock absorber comprising a housing having a first slideable member located on one end and a second slideable member located on the opposite end with the housing having a chamber therein  
5 for receiving and supporting a one-way shock absorber in a condition that allows movement of the housing of the one-way shock absorber in one direction when subject to a first force and the movement of the slideable member of the one-way shock absorber when subject to a second force in a direction opposite to the first force.